

# EMOTION AI AT WORK: IMPLICATIONS FOR WORKPLACE SURVEILLANCE, EMOTIONAL LABOR, AND EMOTIONAL PRIVACY

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## PROBLEM

AI that infers and/or interacts with human emotion is increasingly used in workplace contexts, yet we lack knowledge about workers' perceptions of and experiences with emotion AI

## RESEARCH QUESTIONS

RQ1: What are workers' general perceptions of emotion AI?

RQ2: What behavioral adaptations do workers experience/anticipate in response to emotion AI?

RQ3: What consequences do workers experience/anticipate associated with emotion AI?

## METHODOLOGY

Interview Study with 15 US workers

- Black, Latine, Asian, and white women and men aged 25-64
- with (n=6) & without (n=9) cognizant experience with emotion AI
- recruited from Prolific, Facebook Ads & occupation-related subreddits

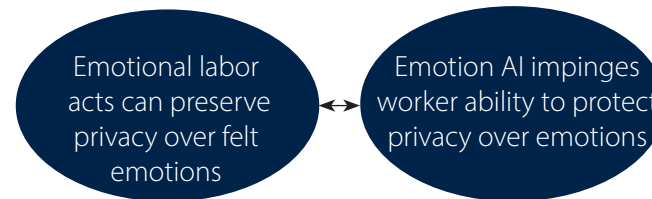
## KEY FINDINGS

RQ1. Emotion AI **deeply violates worker privacy**, as inferred emotional information:

- violates contextual integrity
- is highly sensitive
- violates boundaries around whether & to what extent one's emotional information is collected & shared

RQ2. Emotion AI functions as a **surveillance tool** to enforce compliance with **employers' expectations of workers' emotional labor**

(e.g., ensuring workers outwardly display a happy smile despite internally feeling sad or upset)



RQ3. Emotion AI exposes workers to wide array of **privacy** and **emotional labor harms**

psychological harm	reputational harm	amplifies emotional labor's negative effects
autonomy harm	relationship harm	disparate <b>gendered and racialized</b> emotional labor

## PARTICIPANT QUOTES

Sensitive emotion AI inferences “**should be kept private...just like your medical information**” (Pn9) and “**should be regarded as mental health information**” (Pn11)

Emotion AI at work is a “**privacy violation tool**” (Pn12) that acts as an “**authority**” to “**discipline**” workers (Pc7). Being subject to it “**drains the snot out of me**” (Pc6).

## RECOMMENDATIONS

### POLICY

- recognize a legal right to **emotional privacy**: individual right to privacy over emotions and to remain free from emotional manipulation
- expand worker rights & protections to recognize emotional privacy

### DESIGN

- employ privacy preservation techniques to limit identifiable emotion inferences
- acknowledge heightened risks associated with emotion inferences in enterprise risk management

### ORGANIZATIONS

- not adopt emotion AI



← Link to paper  
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