# What Drives SMiShing Susceptibility? A U.S. Interview Study of How and Why Mobile Phone Users Judge Text Messages to be Real or Fake

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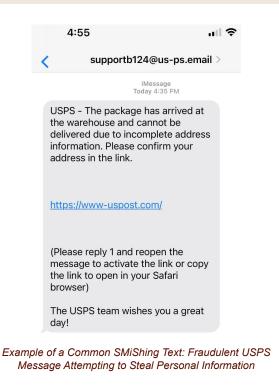
## **Key Takeaways**

- SMS header info alone is not sufficient; trust relies on sender knowledge, context, links, personalization, format.
- Improved UI design with warning signs and filtering mechanisms can help users identify fraudulent SMS more efficiently.
- Cybersecurity training and education enhance users' ability to identify SMiShing text messages.



### What are SMiSh? Why are They a Problem?

- A cyber attack where a fraudster sends deceptive messages via SMS to a phone, to steal \$\$ or credentials (El Ayeb et al., 2020).
- Banks, delivery companies, retailers, and communication providers are commonly impersonated (Scroxton, 2021).
- FTC data for 2022 shows that consumers reported losses of \$326 million to text scams, an increase of 279% since 2020





### What We Know from Phishing

- Impersonate legitimate entities, request sensitive information, and often contain malicious links (Jakobsson, 2007; Blythe et al., 2011; Hong, 2012).
- Susceptibility influenced by email format, logos, sender recognition, URLs, message content, and situational context (Jakobsson, 2007; Alsharnouby et al., 2015; Curtis et al., 2018; Downs et al., 2006; Petelka et al., 2019; Downs et al., 2007; Egelman et al., 2008; Sheng et al., 2010; Jalali et al., 2020).
- Younger individuals, especially females, are more vulnerable to phishing (Sheng et al., 2010).
- The Gap: Uncertainty in Transfer to SMiShishing
  - Personalized SMS increase perceived legitimacy, but SMS lacks email's trust indicators like detailed header info and visual cues, making urgent action scams more effective (Rahman et al., 2023; Clasen et al., 2021; Cahill, 2023).

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### **Research Questions**

- **RQ1:** How do individuals perceive the credibility of SMS messages and make trust decisions?
- **RQ2:** What individual factors (such as demographic characteristics) and design factors (such as visual cues and message content) influence these trust decisions?



### **Study Approach**

**Recruitment Process** 

**Interview Sessions** 



#### **Data Analysis**

Via Facebook, WhatsApp, LinkedIn, Craigslist (n=15) and UNCC email listservs and flyers (n=14)

Criteria: Aged 18+, mobile phone users, able to attend in-person interviews **~50 minutes in-person sessions** with n=29 (16 females, 13 males) in Charlotte, NC

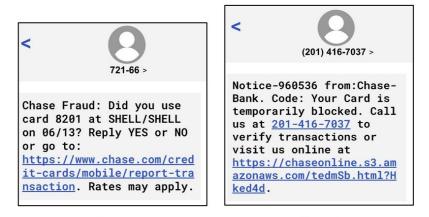
Activities: Discussed personal experiences with suspicious SMS, Analyzed SMS pairs and explored identification methods Analyzed interview data for legit and suspicious cues using thematic analysis and inductive open coding

Next Steps



### **Interview Participants Share Details on Trust Decisions**

- Showed 3 out of 6 pairs of legit and fraud texts to elicit reactions
- Presented SMS pairs mainly impersonated banks (e.g., transaction verification, card alerts) and other services (e.g., delivery services)



#### Legit

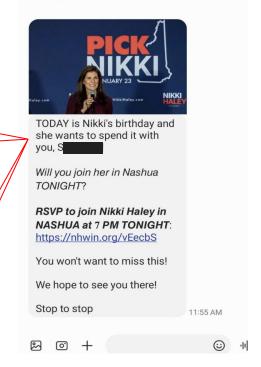
Fraud

Example of a legit vs. fraud SMS pair presented to participants for evaluating their decision-making process



# **Cues for Suspicious Texts:**

- If they contain links (28/29, 96.5%) -
- Unknown sender (18/29, 62.1%) -
  - either as only sign or combined with others, e.g., area code + unknown context
- Unofficial format (15/29, 51.7%)
- Misspellings (15/29, 51.7%)
- Out-of-context messages (6/29, 20.7%)
- Urging immediate action (4/29, 13.8%)<sup>\*</sup>



Suspicious text message about a political campaign from an unfamiliar context and area code, reported by P4.



# **Cues for Suspicious Texts:**

Quote from P4: "I think this is a fraud...I don't know who Nikki is, I didn't sign up for that."

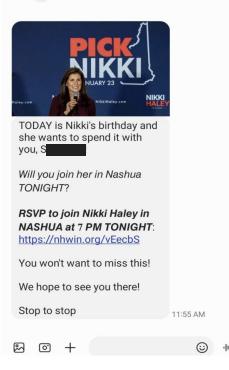
Findings |

Recommendations |

Next Steps

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Study Overview



+1337

Suspicious text message about a political campaign from an unfamiliar context and area code, reported by P4.



# **Cues for Legitimate Texts:**

+1 (808) 8 4 >

Text Message Oct 21, 2021 at 4:20 PM

- Personalized info (14/29, 48.3%)
  - e.g., last 4 digits of their card
- Known context (11/29, 37.9%) -
- Known sender (10/29, 34.5%)
- Official format (8/29, 27.6%)
- Also mentioned:
  - $\circ$   $\,$  No call to action
  - No personal inquiries
  - Correct spelling and grammar

#### Hi

This is Oscar am texting from ATT. Basically we just recently mailed you 2 reward cards for the \$100 each and 1 reward card of \$150. So we just wanna confirm with you have you received all 3 cards or not for ATT internet services. Thank you Example of a SMiShing text message P18 fell for while expecting a legitimate gift card. Scammers called but didn't ask for target info immediately.



<#>BofA: Verify unusual
activity on debit card
ending in 1843. Open the
mobile app or log in
through a browser to
verify the activity. Learn
about online security at:
https://bit.ly/3mS0Xfa

An example of a (simulated) BofA text that P7 + others correctly identified as legitimate.



## **Cues for Legitimate Texts:**

Quote from P7: "The pound sign ... I feel like I've seen [Bank of America] messages that also use symbols in the beginning"

39989 >

<#>BofA: Verify unusual
activity on debit card
ending in 1843. Open the
mobile app or log in
through a browser to
verify the activity. Learn
about online security at:
https://bit.ly/3mS0Xfa

An example of a (simulated) BofA text that P7 + others correctly identified as legitimate.

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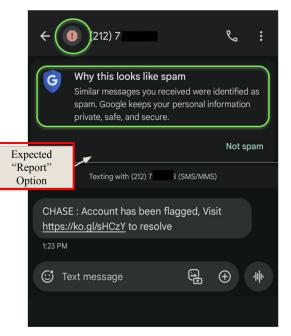
Next Steps



**Android vs. iOS:** Warning Signs Aid in Detecting Suspicious SMS

#### Android:

- Built-in spam filters with warning signs for suspicious messages.
- Participants appreciated the clear alerts but desired more accessible reporting options.



P26 shared this example, highlighting Android SMS Spam Filters' warning signs in green, which were appreciated by participants. However, users desired more accessible reporting options



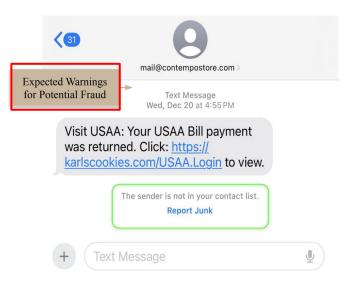
# **Android vs. iOS:** Warning Signs Aid in Detecting Suspicious SMS

#### Android:

- Built-in spam filters with warning signs for suspicious messages.
- Participants appreciated the clear alerts but desired more accessible reporting options.

#### iOS:

- Lacks spam filters and warning signs.
- Relies on the "*Report Junk*" option for reporting suspicious messages.



Example of a smishing text message shared by P15. The 'Report Junk' option, highlighted in green on the iMessage interface, was useful for reporting. Participants expressed a need for warning signs to better identify potential fraud SMS.



### Awareness, Age, and Verification Practices in SMiShing Detection

- Impact of Awareness Training: Interviewees with prior awareness training in job or school performed better at distinguishing legitimate from fraudulent texts.
- Age Differences: Older participants did better at identifying fraud SMS compared to younger interviewees.
- Verification Practices: Most interviewees stated they would verify suspicious SMS directly with the bank or company.

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# Recommendations

#### • Distinguish Spam vs. Scam:

 Design tools and educational programs to help users tell apart legit promotions from scams.

#### • Enhanced Security Features and Reporting Mechanisms:

 Promote advanced filtering features on mobile devices to detect and block SMiShing and make reporting fraudulent SMS easier.

#### • Targeted Cybersecurity Training:

• Offer training, especially for younger users and those new to cybersecurity.



# What is Left to do?

- Enhanced Mobile Interfaces: Studying more SMS visual styles and interfaces to understand their impact on SMiShing recognition.
- **Broaden SMiShing Categories:** Exploring various SMiShing types beyond financial scams.
- **Proactive Security Measures:** Collaborating with telecom companies to improve security, educate users, and monitor emerging SMiShing tactics.

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# What are Your Questions?

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